

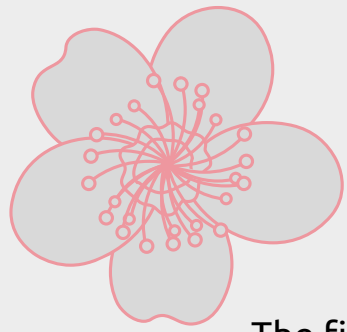


Itsuki Shorts Making Guide Style 1 & 2



わびさび
wabi-sabi





Making your wabi-sabi shorts - kit & pattern

1

The first stage of any successful sewing project is to **gather together everything you need before you start.**

Your kit comes in cardboard packaging and a biodegradable potato starch tough sack. Here at wabi-sabi we believe in avoiding plastic packaging as much as we possibly can.

Inside you will find the wabi-sabi shorts printed panel (if you have ordered the kit), we also include a pattern and this can be used as a template and allows you to make as many pairs of shorts as you want to in your own fabric in the future!

If you purchased the pattern on its own please see the following pages for guidance on how to place the pattern pieces on your fabric.

We also have a video for you to follow if you prefer a visual guide!

wabi-sabi shorts pattern template
round waist & Style 2 elasticated waist.

Control Square
5 cm x 5 cm

Shorts pattern - Style 1
cut 2 as a pair
0.6 cm seam allowance included
Bind the waist with Fold Over Elastic Binding

Shorts pattern - Style 2
cut 2 as a pair
0.6 cm seam allowance included
Insert elastic into waist seam allowance

Insert elastic into waist casing allowance

Elastic gauge

Cut 1 pair as shown - Fabric piece measurement 30 cm x 13 cm

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Gather together everything you need

2

A sewing machine (optional)

A hand sewing needle.

Some good quality sewing thread.

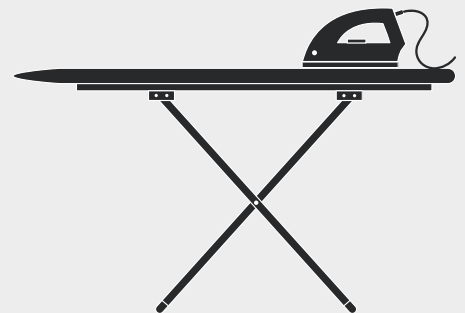
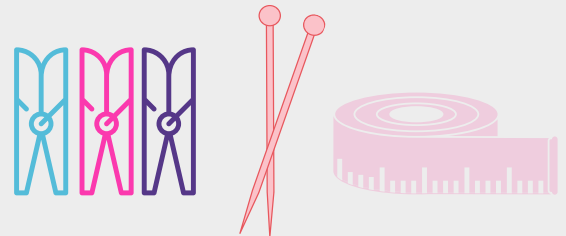
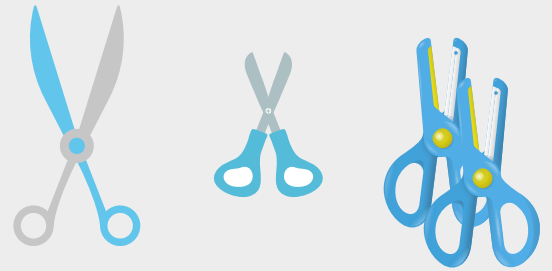
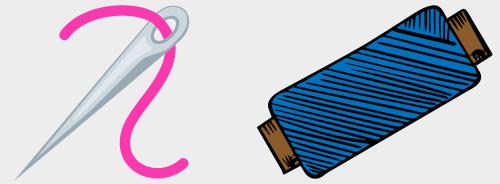
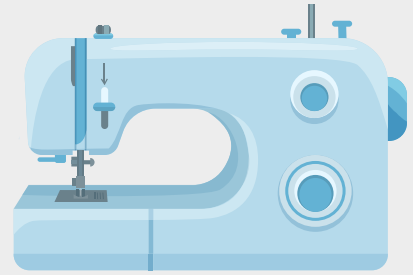
You can sew our projects together by hand or use a machine - it's up to you!

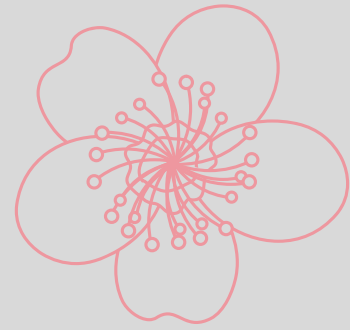
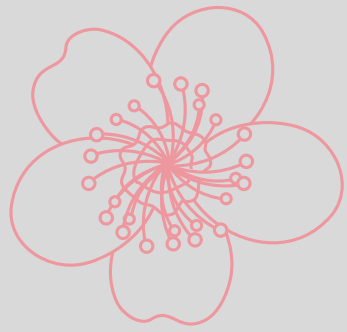
You will also need some fabric scissors for cutting out your pieces, snips for cutting loose threads are useful but not essential. If you are cutting out the paper pattern pieces you will also need some paper scissors.

Fabric clips are best to hold the layers of fabric as you sew. A tape measure is also useful when making clothing.

Note we do not recommend using pins if you are making for or with a child - disappearing fabric marker pens are also useful but not essential.

A pressing station to press your seams as you go along and again please make sure children are supervised at all times.





Cutting out



3

You may want to press your fabric before you start to cut out.

If you have our kit then go ahead and carefully cut out your shorts pattern shapes - take your time. There are style 2 options for this design so please select the style you want and trim the fabric panel shapes to the pattern pieces for your chosen style.

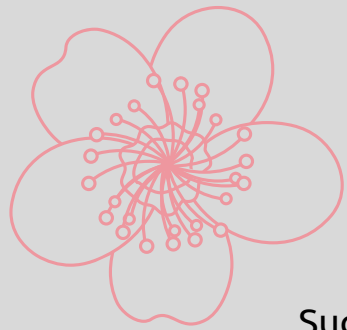
Note:

Style 1 has a lower waist as the style uses Fold Over Elastic (FOE) to finish the waist.

Style 2 has a higher waist level as the elastic is encased in a fold down hem.

If you purchased the pattern on its own or you are using a fabric of your choice please follow the guidelines on the following pages for cutting out.



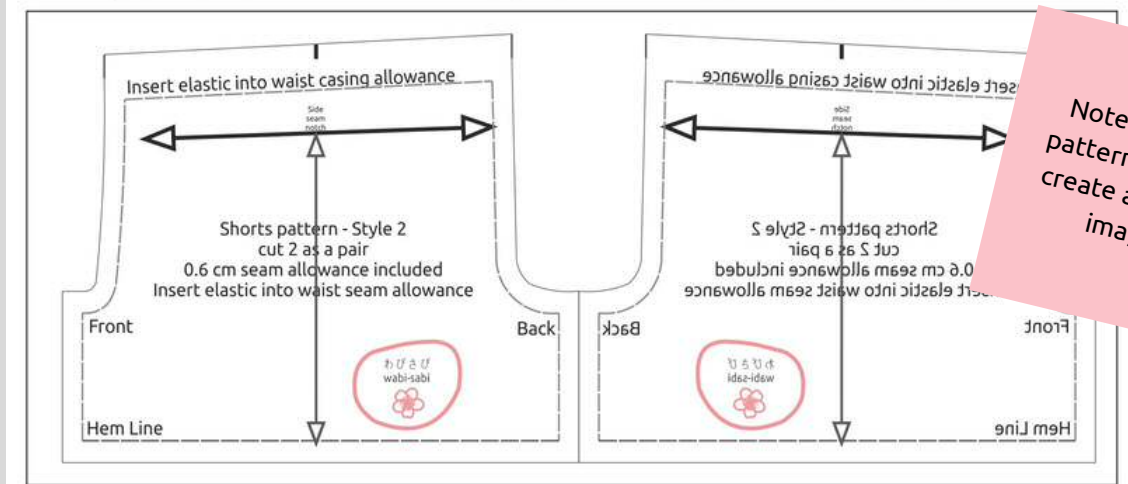


Cutting out continued

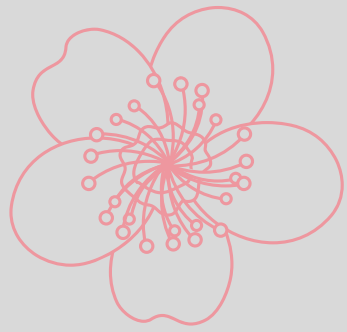
3

Suggested lay plan guide for cutting on a flat piece of fabric. Note that the pattern piece is flipped over for the second piece so that you have a left and right side for the garment.

Cut 1 pair as shown - Fabric piece measurement 30 cm x 13 cm

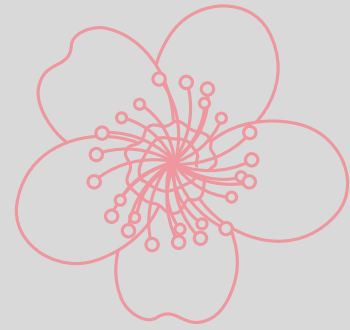


Or you can fold your fabric piece of 30 cm x 13 cm in half and cut as shown here on a double layer of fabric.



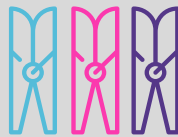
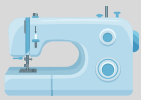
Lets prepare to start sewing!

Sewing the hem line seams

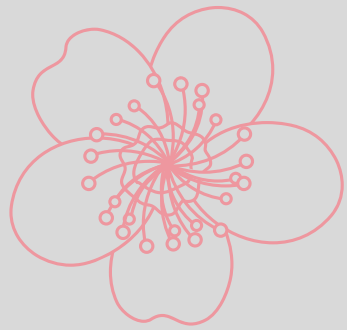


Note: The sewing instructions are the same for both styles up to the waist finish.

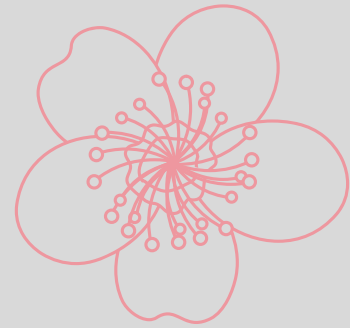
- 4 Place the shorts on the table with the wrong side up - press in the crease of the hem for guidance - I use adhesive seam tape to keep my seams in place. Stitch the hemline up with a straight stitch



Press and neaten the hem seams before you hem if you want to - how you choose to neaten the seams is up to you - if you have a serger or overlocker the seams are designed to be wide enough to take an overlocked edge. You can zig zag stitch the raw edges or apply special glue to stop the fabric from fraying!

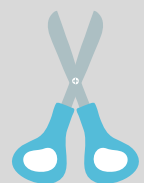
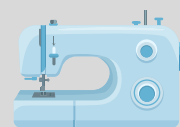


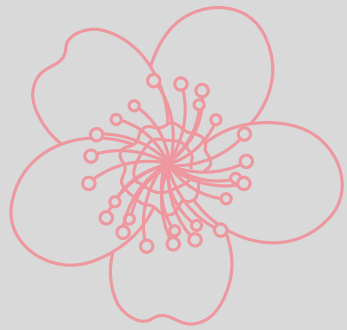
Sewing the inside leg seams



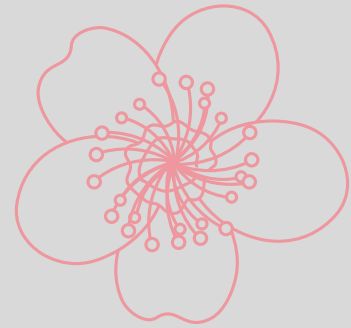
5 Now place the shorts pieces with their right sides together and stitch the inside legs seams. I use a technique I call the U turn where I stitch off a small piece of fabric onto my seam, when I reach the end of the seam I turn the work around and sew back - this avoids dragging these small seams into the feed dogs of the machine.

You can find lots more useful tips at www.wabisabistudio.co.uk





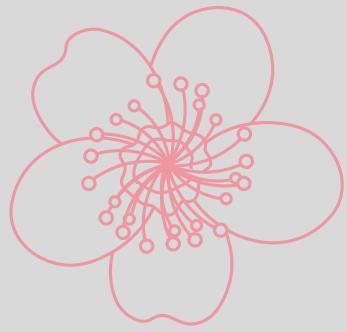
Some more pictures to help you



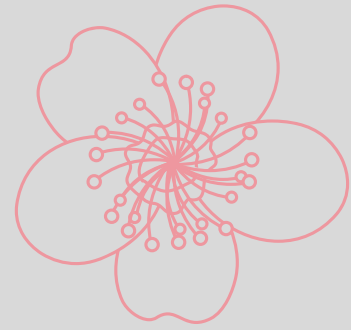
5 Fold and press the seams towards the back of the shorts. If you choose to neaten they seams then they can be neaten together.

TIP: The back crotch is always longer than the front crotch





Sewing the crutch seam



- 6** Now turn one of the leg pieces to the right side, leave the other one with the wrong side showing.



Crutch sewing continued

6

Place one leg piece inside the other so that the right sides are together, matching the back crotch of one piece to the back crotch of the other piece, the inside leg seams should match and the center front should also match.

This is where the sewing methods for style 1 and 2 differ.

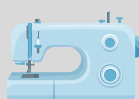
For style 2 with the fold down elastic casing you can sew the whole length of the crotch seam, from centre back to the inside leg to the Center Front.

For style 1 with the FOE binding - leave a few centimeters unsewn from the center back down, start at the notch point marked on the pattern and sew to the inside leg and to the Center Front.



Style 1
FOE

Style 2
elastic casing



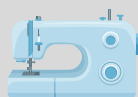
Crotch sewing continued

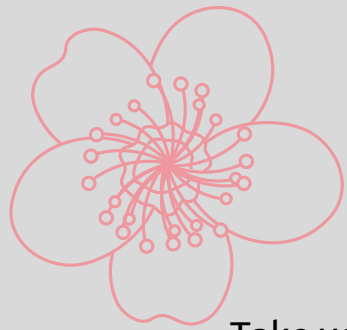
6 More pictures to help you

Style 1
FOE

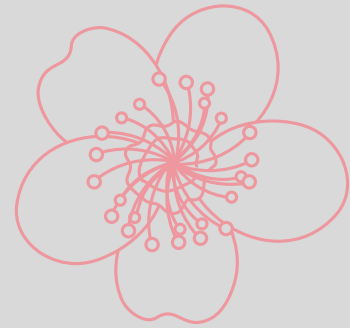


Style 2
elastic casing



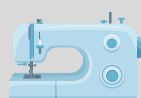
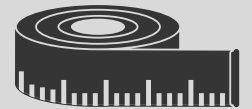
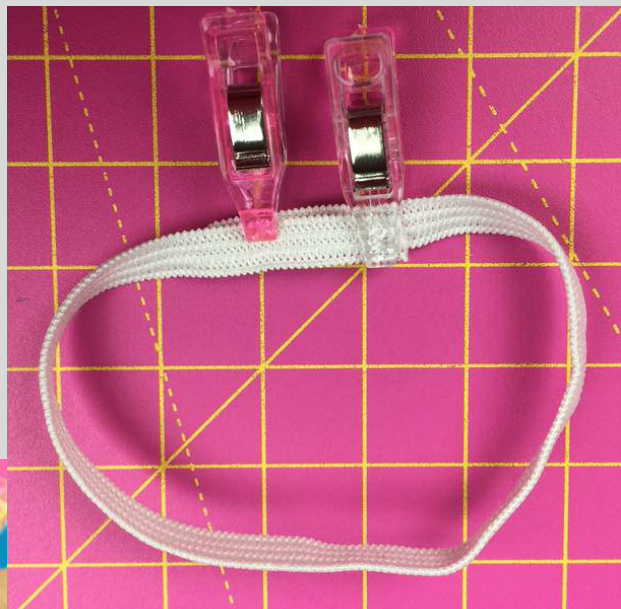


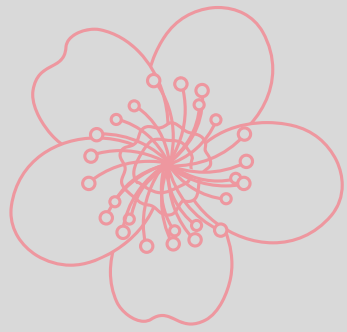
Elasticating the waist style 2



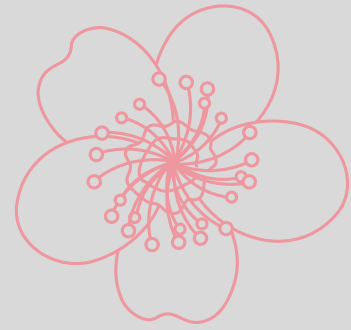
7 Take your doll and pass the elastic around the waist to check it fits. You have an elastic gauge on your pattern sheet, but please be aware that all elastics are different and this is a guide. Secure the elastic so that it forms a circle. You may want to do this by hand.

Place the elastic to the waist of the shorts and fold down the seam allowance for the elastic casing. Stitch from the center back to the centre back encasing the elastic in the folded down seam allowance, making sure you do not catch the elastic in the stitching.





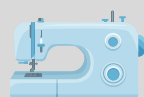
Elasticating the waist style 2



7



Give the waist a gentle pull to distribute the gathers evenly around the waist.



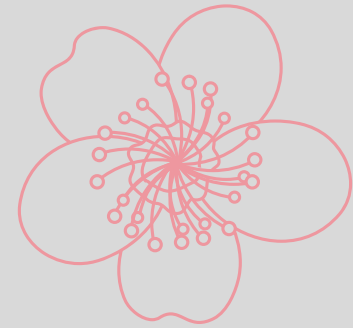
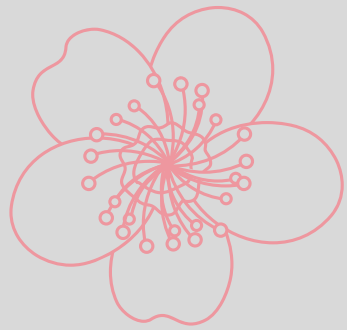
Elasticating the waist style 1 - FOE

The fold over elastic will be used to bind the waist and cover the raw edge. There are a number of ways to attach the FOE binding, **8** take a look at [wabisabistudio](#) for a link to a detailed video of the process. I choose to apply my binding in one step, with a zig zag stitch, however it can be done in 2 steps and the video will show you how.

Before you start, use the elastic gauge to measure your FOE, allow a couple of centimetres each side of the quantity you need - check on your doll to make sure that you are happy with the fit. Mark with a dissolvable fabric pen where the beginning and end of the elastic measurements are - also mark the center point between the beginning and end marks.

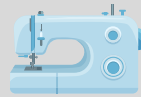
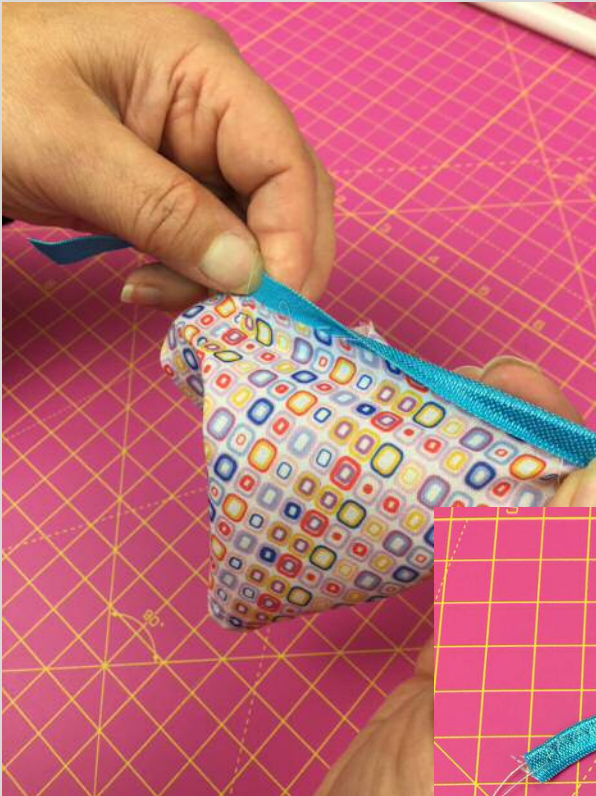


Start at the center back where you left your small opening and overlap the FOE over the seam edge, the mark you made for the start of the elastic should be at the center back. There is no need to pin the elastic to the waist as you will need to stretch it as you sew.



Attaching the FOE

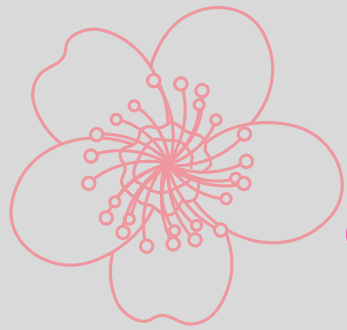
8 You will need to set your machine, if you are using one, to a zig zag stitch, if you are sewing by hand then mimic the zig zag by hand. You need this stitch to enable the elastic to stretch when dressing your doll.



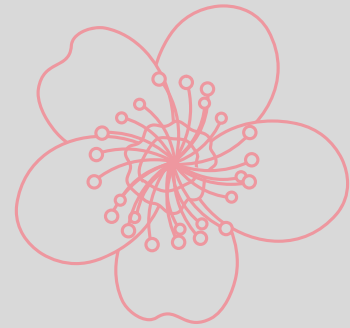
NOTE: practice on a scrap piece to determine the width and length of the zig zag stitch you like best



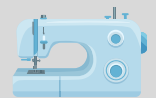
Here I stopped half way around the waist just to show you how the elastic is applied to the edge of the seam - you can apply the elastic to the whole waist line. Leave the extra few centimeters you allowed at each end attached for now - they are useful for holding when you sew up the back crutch seam



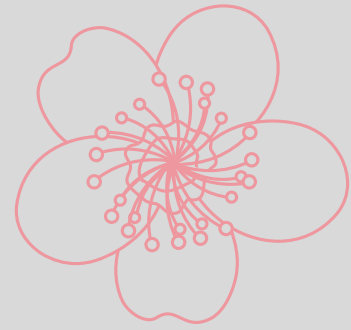
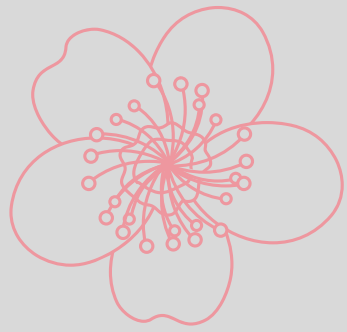
Completing the back crotch seam



- 8** Now stitch up the gap you left at the center back of the shorts making sure the FOE is even at the top when you sew.



Your shorts are complete! Turn them through and give them a gentle press, snipping all loose threads before you try them on your doll.



Try them on!



Your shorts are complete! Turn them through and try them on your doll.

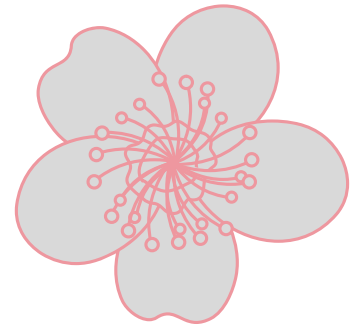
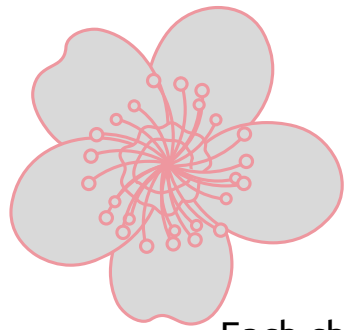
Why not try one of our other projects

Now your project is complete - why not try one of our other Wabi-Sabi doll kits - we have a range of characters!

We also have kits for our doll outfits, and each doll has it's own unique fabric and specially designed t-shirt.



Itsuki is one of our favorites!



Each character has their own t-shirt and specially designed fabric!

Itsuku wearing a unique t-shirt design and shorts made in a favorite fabric.



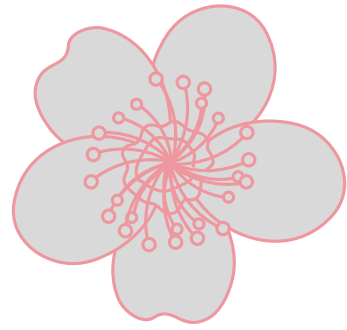
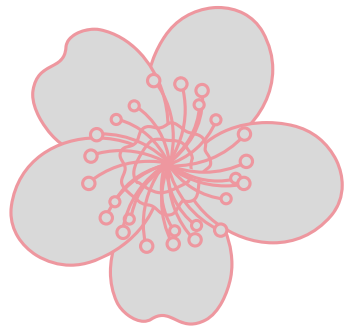
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We have an ever increasing range of doll clothing patterns...



All our doll clothing patterns are available in kits with fabric supplied, or as PDF patterns that you can instantly download at home .

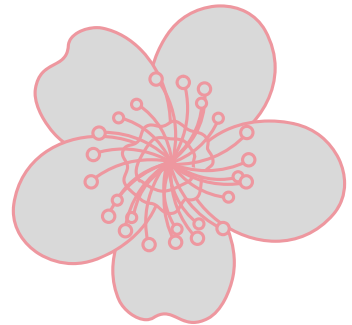
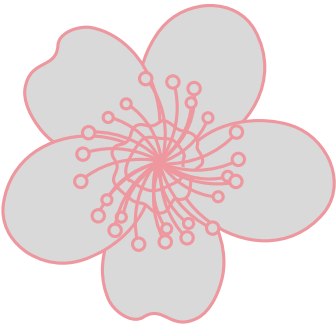


We also have lots of doll sized fabric prints and doll sizes trimmings in our Etsy shop



Have you tried our bag & purse projects?

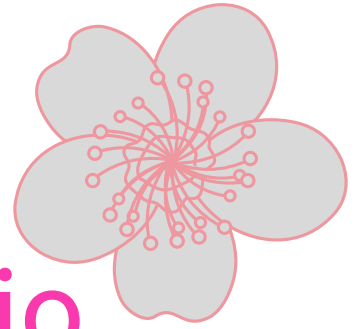
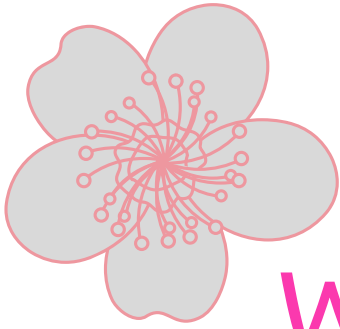




Plus lots more Wabi-Sabi creative projects!



and lots more to come...



Wabi-Sabi Studio

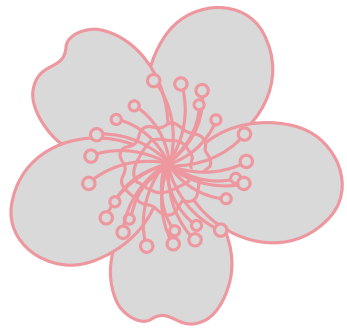
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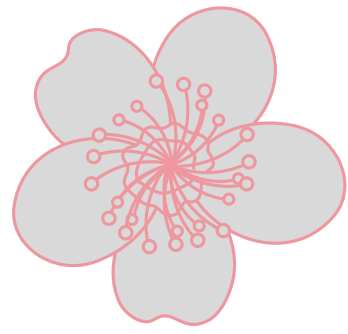
Find lots of help and advice over at our blog page
Wabi-Sabi Studio.

Including an area where you can access our pdf
guides and templates

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Wabi-sabi Life



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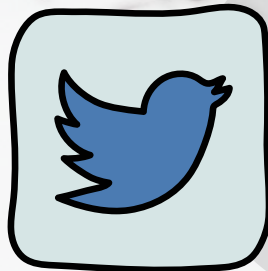
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